



THAT LITTLE BLACK DRESS

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THE VANCOUVER SUN

FINAL EDITION www.vancouversun.com

SERIOUSLY WESTCOAST SINCE 1912

TUESDAY, DECEMBER 4, 2007



SHELF LIFE

IT'S A WRAP... Looking for that holly jolly something for that special someone on your list? These holiday sets will make perfect gifts for anyone who's been nice — or naughty.

You might think \$102 for this trio of body polish, lip and hand treatments is excessive but the products actually deliver. The body polish takes a tough-love approach with very coarse brown sugar grains to exfoliate, a multitude of plant extracts to revitalize, and oils to leave the skin feeling baby smooth. The lip and hand treatments are perfect for winter dryness. **Fresh Sugar Star Treatment Gift Set** is available at Kiss & Makeup at Park Royal.



If there was ever a time to focus on the fingernails, the holiday season is it. The **Lippmann Collection's Three Times a Lady kit** is a cute collection of three polishes for day and night. The trio, which comes in a small pouch, consists of Makin' Whoopee, an iridescent fuchsia polish; Prelude to a Kiss, a pinky neutral one; and the deep, deep wine-coloured Lady is a Tramp. The set, \$25 at Kiss & Makeup, is also great for toenails.



Oddly are if you buy this marvellous gift set for someone, you'll want to keep it for yourself. So why not buy two very reasonably priced **Indulgence Gift Sets in Solitude** from **Rocky Mountain Soap Co.** These all-natural Canadian products smell absolutely scrumptious — the gift set contains two soaps (Grapefruit and Citrus Soother); two bags of bath salts, Sensual and Rejuvenation, Solitude Body Butter; and Coconut Lip Butter. Mmm, yummy. \$29.99.



Enjoy guilt-free pleasures this holiday season with **Domot's 'Naughty' tea kit.** Comes complete with Ginger Kiss Matcha Tea, martini shaker and glass, and recipes for guilt-free martini-teas. The delights of this festive season with all the health benefits of matcha — and a perfect gift for the special 'naughty' person who loves matcha. Available for \$54.95 at Urban Fare and online at www.Domotea.com.



Candy cane is the scent of the season, whether you're munching on it or spritzing yourself with it. **OPI Avoujuice: Candy Cane Juice** is a fun, girly moisturizer with a clean, peppermint scent. It goes on light, provides great hydration and leaves behind a subtle, silvery sheen of sparkles. It also comes in a small, pocket-sized portion to pop in your purse. The 30-mL size sells for \$2.50, or you can buy a 200-mL bottle with a pump for \$9.95. It's available from Spa Boutique, 1-877-224-4315 or online at www.spaboutique.ca.



'Tis the season to be dapper, men. Start with well-groomed hair. You'll look your best with the salon-quality products in the **Bumble and bumble Men's Gift Set:** seaweed-based shampoo and conditioner, hair-styling wax and as a bonus, a smart hound stooch pocket square. \$59 at Kiss & Makeup.



These candles are the perfect antidote for the dark and chill of winter. The warm fragrance of **Aromatherapy Associates Rose and Ginger Candles** will please the senses and soothe the soul. Comes in a nicely boxed set of three; each candle will burn up to 20 hours. \$55 at Absolute Spa.



Anything from Fruits & Passion always makes a lovely gift and this year, we really loved these stylish and festive shower gels. In three flavours... um, scents — Orange-Cantaloupe, Grapefruit-Guava and Pure Pear — each 385-mL bottle contains a delicate wash that will leave your body totally refreshed. Break out the bubbly! **Fruity Shower Gel Trio** from Fruits & Passion, \$28.



Forever on the lips, never on the hips. Enjoy the taste and smell of holiday treats without the guilt, with **Philosophy's Kiss Me lip shine trio.** Powdered sugar cookie, melting chocolate and raspberry sorbet pack a glossy, shimmery punch for sharing with the ones you love. You'll look divine and smell delicious! Mistletoe, anyone? \$27 at BeautyMark, www.beautymark.ca.

Got a travellin' man on your shopping list? Give him quality and convenience. He'll breeze through airport security with **Anthony Logistics for Men Grab and Go,** a travel-size grooming kit that has nearly everything he needs — facial cleanser, facial scrub, shampoo, shaving cream, aftershave toner and body wash. \$42 at BeautyMark.



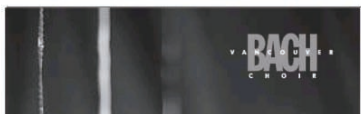
Yves Saint Laurent Opium Orient Extreme is an exotic classic scent reborn in a limited edition refillable bottle clad in an exquisite design of black lacquer. The box is a gift in itself, almost like opening a curio cabinet to find the bottle nestled on a fine bed of amber satin. This intoxicating blend of jasmine, patchouli, vanilla and amber will tantalize long after it is first applied. Available at Holt Renfrew, the Bay and Sears for \$125.



These four 7.5-mL bottles of **Aromatherapy Associates Travel Essentials Bath & Shower Oils** are the perfect travel companion for relaxing in a bath of essential oils. The scents include Relax, Revive Morning, Revive Evening and Support, and just a little goes a long way. You'll soothe your senses and uplift your soul instantly — and your skin will feel like silk. Not only that, the scents are heavenly. Packaged in the cutest box for \$50 from Absolute Spa.



If you're travelling this Christmas, nothing's more comforting after a long flight than a nice, soothing bath and some creams to pamper yourself with. **Linden Leaves' Jetset Traveller** consists of floral-spicy Ginger-Peach bath salts; a bottle of slightly spicy Absolute Dreams body oil; and a lovely jar of Creme de la Creme body butter, among other items. \$49.95 online at www.lindenleaves.ca, or call Quality from Nature at 604-488-0467.



Jaqu's Cocoa Buttercream Frosting Guilt-Free Body Treats trio smells yummy enough to eat, and on the skin, it's truly decadent. Indulge your skin first with the body wash that contains marshmallow root extracts among other hydrating ingredients, and then pamper your skin with the luxurious cocoa shea body butter. Finally, treat your hands with the buttercream frosting hand cream that moisturizes without greasiness. \$34 from BeautyMark, 1120 Hamilton St. in Vancouver or www.beautymark.ca.



Add some disco glamour to your lips with **Lise Water Gloss 24 Carats.** Just one sweep of its magic wand is like dipping your pout in a tub of gold sparkles. This sweet-tasting gloss has a clear base with golden micro-gitter that adds luminosity if used on its own, or top up a bright red lipstick for an extra glamorous look. The seven-mL tube is \$17 from Sears, London Drugs or Shoppers Drug Mart.



Get your body smooth and silky in time for the busy holiday season with this power-packed antioxidant **Bubalina Cranberry & Brown Sugar smoothing gift set.** Bubalina's spa-quality products are a perfect gift for the girl who likes to spa at home. The brown sugar scrub actually melts into the skin when mixed with the heat of a shower and leaves your skin silky, polished and glowing. The final step, Cranberry Brown Sugar Body Butter, deeply nourishes and is chock-full of natural ingredients. Packaged together, \$40 at www.spaboutique.ca.

